# Exciting double – header urban weekend in July

The <u>City Race Euro Tour</u> (CRET) comes to our part of the world in July. LOG's Lincoln race (13<sup>th</sup> July) is the sixth in the CRET series and NOC will be hosting the Saturday event (12<sup>th</sup> July) so that people can enjoy two races over that weekend. The entry cut-off dates are not far away. Don't leave your sign-up until the last minute as there will be no entry-on-the-day.

The NOC Saturday event will be in Nottingham. Richard Robinson is busy planning the courses to make best use of the intricate alleyways in the Meadows area as well as the Memorial Gardens on the Embankment. There will be courses suitable for all ages and levels of experience. Take a look at the preliminary details: <a href="https://www.noc-uk.org/Events/FIX?id=652">https://www.noc-uk.org/Events/FIX?id=652</a>

This will be a 'middle distance' urban event so the courses will be approximately 2/3 of the full length. The courses will be designated to age classes for the Urban Leagues but if you are over 16 you can choose to do any course.

Helpers are still needed for some roles so please volunteer as soon as possible by contacting your Team Leader or drop a line to Hilary who is the event Organiser (email:org20250712@noc-uk.org). As a Helper, you'll get a free run and should NOT use the SI entry platform. Contact Hilary for details if unsure. The closing date for entries to the Nottingham event is the 6th July.

The Sunday race in Lincoln will explore the complex historic parts of the city as well as the intricate layout of the university. Sign-up for this event is via <u>SI Entries</u>. The closing date for the Lincoln event is 9th July.

## **British Long Championships:**

NOC members put in some outstanding performances at this year's British Longs with no less than three silver medals. Congratulations go to Richard Robinson (M40L), Anthony Squire (M45L) and Hilary Palmer (W75). Other notable results include Helen O'Neil (W70S), Grace Robinson (W12A) and Lily Robinson on the Yellow course.

#### **New Finish Team Leader:**

After many years of leading the Registration team, and then the Finish team, John Woodall has decided to step down. We are pleased to announce that Elaine Smith has agreed to take over the Finish Team Leader role.

Elaine has been part of the volunteer pool managing the Finish process for a while and knows what's involved. Elaine will be supported by Peter Cholerton too so we are very grateful to them both for taking-on this role.

However, Elaine and Peter are in need of some additional people to join their pool of helpers. As a helper, for those NOC events you are planning to take part in, we ask that you help-out in the Finish area during the event. It could be before or after your own run (which will be free!). You'll be sharing the task with other volunteers so it's quite a sociable experience and time tends to pass quickly. Having helpers at the Finish is an important aspect in putting on an event, especially at Regional or National events. Please get in touch with Pauline (Membership@noc-uk.org) if you would like to be part of this volunteer group.

We would like to say a very big "Thank You" to John Woodall, and his wife Dorothy, who have performed the Team Leader role in one form or another for so long. We really appreciate the help they have provided, and the club would not have been able to put on the quality of events we have without their input.

#### **New Event Officials shine at Colwick:**

Enormous thanks go to Hebe Parr and Richard Beadle who have recently undertaken online training provided by British Orienteering and put what they have learned to good use enabling the successful local event at Colwick Park. Hebe acted as event Organiser under the mentorship of Hilary Palmer whilst Richard worked with Ant Squire to plan the courses. Thanks also goes to David Olivant for updating the map and to Dave Cooke for obtaining all the access and permissions.

This was a really enjoyable local event and it's great to see new members stepping forward to take-on the Organiser and Planner roles. Expanding our pool of volunteers like this is essential if the club is to continue putting-on regular events in the future. We need many more volunteers to step forward and join Hebe and Richard. If you'd like to know more, please speak with Pauline when you are next at the Enquiries tent or email her at Membership@noc-uk.org.

### **British Orienteering Incentive scheme:**

Congratulations to Elodie Booker who was recently awarded her two star <u>Navigation Challenge</u> Certificate.

#### **Bassetlaw District Orienteers:**

For a relaxed and sociable orienteering fix, keep a look-out for the next <u>Bassetlaw District</u> <u>Orienteers</u> activity. These bi-weekly evening sessions are always good fun and finish with a chat and refreshments. Excellent value for money!

#### **Fixtures:**

Keep an eye on the <u>Fixtures area</u> of the website for upcoming NOC events. There are plans for an event or activity each month to the end of the year.